5. HILBERT SPACE

We have shown that $L^p(X, \mu)$ is a Banach space – a complete normed space. I shall next discuss the class of Hilbert spaces, a special class of Banach spaces, of which $L^2(X, \mu)$ is a standard example, in which the norm arises from an inner product, just as it does in Euclidean space.

An inner product on a vector space V over \mathbb{C} (one can do the real case too, not much changes) is a *sesquilinear* form

 $V \times V \to \mathbb{C}$

written (u, v), if $u, v \in V$. The 'sesqui-' part is just linearity in the first variable

(5.1)
$$(a_1u_1 + a_2u_2, v) = a_1(u_1, v) + a_2(u_2, v),$$

anti-linearly in the second

(5.2)
$$(u, a_1v_1 + a_2v_2) = \overline{a}_1(u, v_1) + \overline{a}_2(u, v_2)$$

and the conjugacy condition

(5.3)
$$(u,v) = \overline{(v,u)}.$$

Notice that (5.2) follows from (5.1) and (5.3). If we assume in addition the positivity condition⁸

(5.4)
$$(u, u) \ge 0, \ (u, u) = 0 \Rightarrow u = 0,$$

then

(5.5)
$$||u|| = (u, u)^{1/2}$$

is a *norm* on V, as we shall see.

Suppose that $u, v \in V$ have ||u|| = ||v|| = 1. Then $(u, v) = e^{i\theta} |(u, v)|$ for some $\theta \in \mathbb{R}$. By choice of θ , $e^{-i\theta}(u, v) = |(u, v)|$ is real, so expanding out using linearity for $s \in \mathbb{R}$,

$$0 \le (e^{-i\theta}u - sv, e^{-i\theta}u - sv)$$

= $||u||^2 - 2s \operatorname{Re} e^{-i\theta}(u, v) + s^2 ||v||^2 = 1 - 2s |(u, v)| + s^2.$

The minimum of this occurs when s = |(u, v)| and this is negative unless $|(u, v)| \leq 1$. Using linearity, and checking the trivial cases u =or v = 0 shows that

(5.6)
$$|(u,v)| \le ||u|| \, ||v||, \, \forall \, u,v \in V.$$

This is called Schwarz'⁹ inequality.

⁸Notice that (u, u) is real by (5.3).

⁹No 't' in this Schwarz.

Using Schwarz' inequality

$$||u + v||^{2} = ||u||^{2} + (u, v) + (v, u) + ||v||^{2}$$

$$\leq (||u|| + ||v||)^{2}$$

$$\implies ||u + v|| \leq ||u|| + ||v|| \ \forall \ u, v \in V$$

which is the triangle inequality.

Definition 5.1. A Hilbert space is a vector space V with an inner product satisfying (5.1) - (5.4) which is complete as a normed space (i.e., is a Banach space).

Thus we have already shown $L^2(X, \mu)$ to be a Hilbert space for any positive measure μ . The inner product is

(5.7)
$$(f,g) = \int_X f\overline{g} \, d\mu \,,$$

since then (5.3) gives $||f||_2$.

Another important identity valid in any inner product spaces is the parallelogram law:

(5.8)
$$\|u+v\|^2 + \|u-v\|^2 = 2\|u\|^2 + 2\|v\|^2$$

This can be used to prove the basic 'existence theorem' in Hilbert space theory.

Lemma 5.2. Let $C \subset H$, in a Hilbert space, be closed and convex (i.e., $su + (1 - s)v \in C$ if $u, v \in C$ and 0 < s < 1). Then C contains a unique element of smallest norm.

Proof. We can certainly choose a sequence $u_n \in C$ such that

$$||u_n|| \to \delta = \inf \{||v||; v \in C\}$$
.

By the parallelogram law,

$$||u_n - u_m||^2 = 2||u_n||^2 + 2||u_m||^2 - ||u_n + u_m||^2$$

$$\leq 2(||u_n||^2 + ||u_m||^2) - 4\delta^2$$

where we use the fact that $(u_n + u_m)/2 \in C$ so must have norm at least δ . Thus $\{u_n\}$ is a Cauchy sequence, hence convergent by the assumed completeness of H. Thus $\lim u_n = u \in C$ (since it is assumed closed) and by the triangle inequality

$$|||u_n|| - ||u||| \le ||u_n - u|| \to 0$$

So $||u|| = \delta$. Uniqueness of u follows again from the parallelogram law which shows that if $||u'|| = \delta$ then

$$||u - u'|| \le 2\delta^2 - 4||(u + u')/2||^2 \le 0.$$

The fundamental fact about a Hilbert space is that each element $v \in H$ defines a continuous linear functional by

$$H \ni u \longmapsto (u, v) \in \mathbb{C}$$

and conversely *every* continuous linear functional arises this way. This is also called the Riesz representation theorem.

Proposition 5.3. If $L : H \to \mathbb{C}$ is a continuous linear functional on a Hilbert space then this is a unique element $v \in H$ such that

 $(5.9) Lu = (u, v) \ \forall \ u \in H,$

Proof. Consider the linear space

$$M = \{ u \in H ; Lu = 0 \}$$

the null space of L, a continuous linear functional on H. By the assumed continuity, M is closed. We can suppose that L is not identically zero (since then v = 0 in (5.9)). Thus there exists $w \notin M$. Consider

$$w + M = \{v \in H ; v = w + u, u \in M\}$$

This is a closed convex subset of H. Applying Lemma 5.2 it has a unique smallest element, $v \in w + M$. Since v minimizes the norm on w + M,

$$||v + su||^2 = ||v||^2 + 2\operatorname{Re}(su, v) + ||s||^2 ||u||^2$$

is stationary at s = 0. Thus $\operatorname{Re}(u, v) = 0 \forall u \in M$, and the same argument with s replaced by is shows that $(v, u) = 0 \forall u \in M$.

Now $v \in w + M$, so $Lv = Lw \neq 0$. Consider the element $w' = w/Lw \in H$. Since Lw' = 1, for any $u \in H$

$$L(u - (Lu)w') = Lu - Lu = 0.$$

It follows that $u - (Lu)w' \in M$ so if $w'' = w'/||w'||^2$

$$(u, w'') = ((Lu)w', w'') = Lu \frac{(w', w')}{\|w'\|^2} = Lu.$$

The uniqueness of v follows from the positivity of the norm.

Corollary 5.4. For any positive measure μ , any continuous linear functional

$$L: L^2(X,\mu) \to \mathbb{C}$$

is of the form

$$Lf = \int_X f\overline{g} \, d\mu \, , \ g \in L^2(X,\mu) \, .$$

Notice the apparent power of 'abstract reasoning' here! Although we seem to have constructed g out of nowhere, its existence follows from the *completeness* of $L^2(X, \mu)$, but it is very convenient to express the argument abstractly for a general Hilbert space.