10. Sobolev embedding

The properties of Sobolev spaces are briefly discussed above. If m is a positive integer then $u \in H^m(\mathbb{R}^n)$ 'means' that u has up to m derivatives in $L^2(\mathbb{R}^n)$. The question naturally arises as to the sense in which these 'weak' derivatives correspond to old-fashioned 'strong' derivatives. Of course when m is not an integer it is a little harder to imagine what these 'fractional derivatives' are. However the main result is:

Theorem 10.1 (Sobolev embedding). If $u \in H^m(\mathbb{R}^n)$ where m > n/2then $u \in \mathcal{C}_0^0(\mathbb{R}^n)$, *i.e.*,

(10.1)
$$H^m(\mathbb{R}^n) \subset \mathcal{C}_0^0(\mathbb{R}^n), \ m > n/2$$

Proof. By definition, $u \in H^m(\mathbb{R}^n)$ means $v \in \mathcal{S}'(\mathbb{R}^n)$ and $\langle \xi \rangle^m \hat{u}(\xi) \in L^2(\mathbb{R}^n)$. Suppose first that $u \in \mathcal{S}(\mathbb{R}^n)$. The Fourier inversion formula shows that

$$(2\pi)^{n} |u(x)| = \left| \int e^{ix \cdot \xi} \hat{u}(\xi) \, d\xi \right|$$
$$\leq \left(\int_{\mathbb{R}^{n}} \langle \xi \rangle^{2m} \left| \hat{u}(\xi) \right|^{2} \, d\xi \right)^{1/2} \cdot \left(\sum_{\mathbb{R}^{n}} \langle \xi \rangle^{-2m} \, d\xi \right)^{1/2}$$

Now, if m > n/2 then the second integral is finite. Since the first integral is the norm on $H^m(\mathbb{R}^n)$ we see that

(10.2)
$$\sup_{\mathbb{R}^n} |u(x)| = ||u||_{L^{\infty}} \le (2\pi)^{-n} ||u||_{H^m}, \, m > n/2.$$

This is all for $u \in \mathcal{S}(\mathbb{R}^n)$, but $\mathcal{S}(\mathbb{R}^n) \hookrightarrow H^m(\mathbb{R}^n)$ is dense. The estimate (10.2) shows that if $u_j \to u$ in $H^m(\mathbb{R}^n)$, with $u_j \in \mathcal{S}(\mathbb{R}^n)$, then $u_j \to u'$ in $\mathcal{C}_0^0(\mathbb{R}^n)$. In fact u' = u in $\mathcal{S}'(\mathbb{R}^n)$ since $u_j \to u$ in $L^2(\mathbb{R}^n)$ and $u_j \to u'$ in $\mathcal{C}_0^0(\mathbb{R}^n)$ both imply that $\int u_j \varphi$ converges, so

$$\int_{\mathbb{R}^n} u_j \varphi \to \int_{\mathbb{R}^n} u\varphi = \int_{\mathbb{R}^n} u' \varphi \ \forall \ \varphi \in \mathcal{S}(\mathbb{R}^n).$$

Notice here the precise meaning of $u = u', u \in H^m(\mathbb{R}^n) \subset L^2(\mathbb{R}^n)$, $u' \in \mathcal{C}_0^0(\mathbb{R}^n)$. When identifying $u \in L^2(\mathbb{R}^n)$ with the corresponding tempered distribution, the values on any set of measure zero 'are lost'. Thus as *functions* (10.1) means that each $u \in H^m(\mathbb{R}^n)$ has a representative $u' \in \mathcal{C}_0^0(\mathbb{R}^n)$.

We can extend this to higher derivatives by noting that

Proposition 10.2. If $u \in H^m(\mathbb{R}^n)$, $m \in \mathbb{R}$, then $D^{\alpha}u \in H^{m-|\alpha|}(\mathbb{R}^n)$ and

(10.3)
$$D^{\alpha}: H^m(\mathbb{R}^n) \to H^{m-|\alpha|}(\mathbb{R}^n)$$

is continuous.

Proof. First it is enough to show that each D_j defines a continuous linear map

(10.4)
$$D_j: H^m(\mathbb{R}^n) \to H^{m-1}(\mathbb{R}^n) \ \forall \ j$$

since then (10.3) follows by composition.

If $m \in \mathbb{R}$ then $u \in H^m(\mathbb{R}^n)$ means $\hat{u} \in \langle \xi \rangle^{-m} L^2(\mathbb{R}^n)$. Since $\widehat{D_j u} = \xi_j \cdot \hat{u}$, and

$$|\xi_j| \langle \xi \rangle^{-m} \le C_m \langle \xi \rangle^{-m+1} \ \forall \ m$$

we conclude that $D_j u \in H^{m-1}(\mathbb{R}^n)$ and

$$||D_j u||_{H^{m-1}} \le C_m ||u||_{H^m}$$

Applying this result we see

Corollary 10.3. If $k \in \mathbb{N}_0$ and $m > \frac{n}{2} + k$ then

(10.5)
$$H^m(\mathbb{R}^n) \subset \mathcal{C}_0^k(\mathbb{R}^n).$$

Proof. If $|\alpha| \leq k$, then $D^{\alpha}u \in H^{m-k}(\mathbb{R}^n) \subset \mathcal{C}_0^0(\mathbb{R}^n)$. Thus the 'weak derivatives' $D^{\alpha}u$ are continuous. Still we have to check that this means that u is itself k times continuously differentiable. In fact this again follows from the density of $\mathcal{S}(\mathbb{R}^n)$ in $H^m(\mathbb{R}^n)$. The continuity in (10.3) implies that if $u_j \to u$ in $H^m(\mathbb{R}^n)$, $m > \frac{n}{2} + k$, then $u_j \to u'$ in $\mathcal{C}_0^k(\mathbb{R}^n)$ (using its completeness). However u = u' as before, so $u \in \mathcal{C}_0^k(\mathbb{R}^n)$.

In particular we see that

(10.6)
$$H^{\infty}(\mathbb{R}^n) = \bigcap_m H^m(\mathbb{R}^n) \subset \mathcal{C}^{\infty}(\mathbb{R}^n).$$

These functions are not in general Schwartz test functions.

Proposition 10.4. Schwartz space can be written in terms of weighted Sobolev spaces

(10.7)
$$\mathcal{S}(\mathbb{R}^n) = \bigcap_k \langle x \rangle^{-k} H^k(\mathbb{R}^n) \,.$$

Proof. This follows directly from (10.5) since the left side is contained in

$$\bigcap_{k} \langle x \rangle^{-k} \mathcal{C}_{0}^{k-n}(\mathbb{R}^{n}) \subset \mathcal{S}(\mathbb{R}^{n}).$$

Theorem 10.5 (Schwartz representation). Any tempered distribution can be written in the form of a finite sum

(10.8)
$$u = \sum_{\substack{|\alpha| \le m \\ |\beta| \le m}} x^{\alpha} D_x^{\beta} u_{\alpha\beta} , \, u_{\alpha\beta} \in \mathcal{C}_0^0(\mathbb{R}^n).$$

or in the form

(10.9)
$$u = \sum_{\substack{|\alpha| \le m \\ |\beta| \le m}} D_x^\beta(x^\alpha v_{\alpha\beta}), \ v_{\alpha\beta} \in \mathcal{C}_0^0(\mathbb{R}^n).$$

Thus every tempered distribution is a finite sum of derivatives of continuous functions of poynomial growth.

Proof. Essentially by definition any $u \in \mathcal{S}'(\mathbb{R}^n)$ is continuous with respect to *one* of the norms $\|\langle x \rangle^k \varphi\|_{\mathcal{C}^k}$. From the Sobolev embedding theorem we deduce that, with m > k + n/2,

$$|u(\varphi)| \le C ||\langle x \rangle^k \varphi||_{H^m} \ \forall \ \varphi \in \mathcal{S}(\mathbb{R}^n).$$

This is the same as

$$|\langle x \rangle^{-k} u(\varphi)| \leq C ||\varphi||_{H^m} \ \forall \ \varphi \in \mathcal{S}(\mathbb{R}^n).$$

which shows that $\langle x \rangle^{-k} u \in H^{-m}(\mathbb{R}^n)$, i.e., from Proposition 9.8,

$$\langle x \rangle^{-k} u = \sum_{|\alpha| \le m} D^{\alpha} u_{\alpha}, \ u_{\alpha} \in L^{2}(\mathbb{R}^{n}).$$

In fact, choose j > n/2 and consider $v_{\alpha} \in H^{j}(\mathbb{R}^{n})$ defined by $\hat{v}_{\alpha} = \langle \xi \rangle^{-j} \hat{u}_{\alpha}$. As in the proof of Proposition 9.14 we conclude that

$$u_{\alpha} = \sum_{|\beta| \le j} D^{\beta} u'_{\alpha,\beta} \,, \, u'_{\alpha,\beta} \in H^{j}(\mathbb{R}^{n}) \subset \mathcal{C}^{0}_{0}(\mathbb{R}^{n}) \,.$$

Thus,¹⁷

(10.10)
$$u = \langle x \rangle^k \sum_{|\gamma| \le M} D^{\gamma}_{\alpha} v_{\gamma} , \ v_{\gamma} \in \mathcal{C}^0_0(\mathbb{R}^n) .$$

To get (10.9) we 'commute' the factor $\langle x \rangle^k$ to the inside; since I have not done such an argument carefully so far, let me do it as a lemma.

¹⁷This is probably the most useful form of the representation theorem!

Lemma 10.6. For any $\gamma \in \mathbb{N}_0^n$ there are polynomials $p_{\alpha,\gamma}(x)$ of degrees at most $|\gamma - \alpha|$ such that

$$\langle x \rangle^k D^{\gamma} v = \sum_{\alpha \leq \gamma} D^{\gamma - \alpha} \left(p_{\alpha, \gamma} \langle x \rangle^{k - 2|\gamma - \alpha|} v \right) \,.$$

Proof. In fact it is convenient to prove a more general result. Suppose p is a polynomial of a degree at most j then there exist polynomials of degrees at most $j + |\gamma - \alpha|$ such that

(10.11)
$$p\langle x\rangle^k D^{\gamma} v = \sum_{\alpha \leq \gamma} D^{\gamma-\alpha} (p_{\alpha,\gamma} \langle x \rangle^{k-2|\gamma-\alpha|} v) \,.$$

The lemma follows from this by taking p = 1.

Furthermore, the identity (10.11) is trivial when $\gamma = 0$, and proceeding by induction we can suppose it is known whenever $|\gamma| \leq L$. Taking $|\gamma| = L + 1$,

$$D^{\gamma} = D_j D^{\gamma'} |\gamma'| = L.$$

Writing the identity for γ' as

$$p\langle x \rangle^k D^{\gamma'} = \sum_{\alpha' \le \gamma'} D^{\gamma' - \alpha'} (p_{\alpha', \gamma'} \langle x \rangle^{k - 2|\gamma' - \alpha'|} v)$$

we may differentiate with respect to x_i . This gives

$$p\langle x \rangle^k D^{\gamma} = -D_j (p\langle x \rangle^k) \cdot D^{\gamma'} v$$
$$+ \sum_{|\alpha'| \le \gamma} D^{\gamma - \alpha'} (p'_{\alpha', \gamma'} \langle x \rangle^{k - 2|\gamma - \alpha| + 2} v) .$$

The first term on the right expands to

$$\left(-(D_j p) \cdot \langle x \rangle^k D^{\gamma'} v - \frac{1}{i} k p x_j \langle x \rangle^{k-2} D^{\gamma'} v\right).$$

We may apply the inductive hypothesis to each of these terms and rewrite the result in the form (10.11); it is only necessary to check the order of the polynomials, and recall that $\langle x \rangle^2$ is a polynomial of degree 2.

Applying Lemma 10.6 to (10.10) gives (10.9), once negative powers of $\langle x \rangle$ are absorbed into the continuous functions. Then (10.8) follows from (10.9) and Leibniz's formula.