

# Nanomechanics of hierarchical biological materials (cont'd)

Lecture 7



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Introduction to Mechanics of Materials 1. Basic concepts of mechanics, stress and strain, deformation, strength and fracture Monday Jan 8, 09-10:30am Introduction to Classical Molecular Dynamics 2. Introduction into the molecular dynamics simulation; numerical techniques Tuesday Jan 9, 09-10:30am **Mechanics of Ductile Materials** 3. Dislocations; crystal structures; deformation of metals Tuesday Jan 16, 09-10:30am The Cauchy-Born rule 4. Calculation of elastic properties of atomic lattices Friday Jan 19, 09-10:30am **Dynamic Fracture of Brittle Materials** 5. Nonlinear elasticity in dynamic fracture, geometric confinement, interfaces Wednesday Jan 17, 09-10:30am **Mechanics of biological materials** 6. Monday Jan. 22, 09-10:30am Introduction to The Problem Set 7. Atomistic modeling of fracture of a nanocrystal of copper. Wednesday Jan 22, 09-10:30am Size Effects in Deformation of Materials 8. Size effects in deformation of materials: Is smaller stronger? Friday Jan 26, 09-10:30am





Figure by MIT OCW.





 $b^2 = \frac{3}{2nl^2}$ 





Freely jointed Gaussian chain with n links and length I each (same for all chains in rubber)

 $S = c - kb^2r^2$  where  $b^2 = \frac{3}{2nl^2}$  r distance of chain





Figure by MIT OCW.





The length  $< r_b^2 >$  in the unstressed state is equal to the mean square length of totally free chains.

It can be shown that  

$$r_{RMS} = \sqrt{n} \cdot l = \sqrt{\langle r_b^2 \rangle}$$

$$< r_b^2 \ge n \cdot l^2$$

$$< x^2 \ge < y^2 \ge < z^2 \ge = \frac{1}{3}n \cdot l^2 = \frac{1}{2b^2}$$

$$\Delta S = -kN_b / 2 [(\lambda_1^2 - 1) + (\lambda_2^2 - 1) + (\lambda_3^2 - 1)]$$
No explicit dep.  
on b any more  

$$U = -T\Delta S = \frac{1}{2}N_b kT (\lambda_1^2 + \lambda_2^2 + \lambda_3^2 - 3)$$

$$C = E / 6$$

$$U = C (\lambda_1^2 + \lambda_2^2 + \lambda_3^2 - 3)$$

$$\sigma = (E / 3) (\lambda_1^2 - 1/\lambda_3)$$



The length at which a filament is capable of bending significantly in independent directions, at a given temperature.

This is defined by a autocorrelation function which gives the characteristic distance along the contour over which the tangent vectors **t(s)** become uncorrelated



### Worm-like chain model



# Freely-jointed rigid rods



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DNA 4-plat electron micrograph (Cozzarelli, Berkeley)

# Continuously flexible ropes

Worm like chain model







This spring constant is only valid for small deformations from a highly convoluted molecule, with length far from its contour length

#### $x \ll L$

- A more accurate model (without derivation) is the Worm-like chain model (WLC) that can be derived from the Kratky-Porod energy expression (see D. Boal, Ch. 2)
- A numerical, approximate solution of the WLC model:

$$F = \frac{kT}{\xi_p} \left( \frac{1}{4} \frac{1}{(1 - x/L)^2} - \frac{1}{4} + x/L \right)$$

Marko and Siggia, 1995



- Topic: Nanostructure of biological materials (proteins, molecules, composites of organic-inorganic components..); deformation mechanisms; size effects fracture at nanoscale, adhesion
- **Examples:** Deformation of collagen, vimentin, ...: Protein mechanics
- Material covered: Covalent bonding and models, chemical complexity, molecular potentials: CHARMM and DREIDING
- Important lesson: Models for bonding in proteins, entropic vs. energetic elasticity; complexity of biological materials (multi-functional, nanostructured, precise arrangement, ..); small-scale fracture/adhesion: smaller is stronger
- Historical perspective: AFM, single molecule mechanics; Griffith concept and adhesion strength, size effects





- An important building block in biological systems are proteins
- Proteins are made up of amino acids
- 20 amino acids carrying different side groups (R)
- Amino acids linked by the amide bond via condensation
- Proteins have four levels of structural organization: primary, secondary, tertiary and quaternary

### Protein structure



- Primary structure: Sequence of amino acids
- Secondary structure: Protein secondary structure refers to certain common repeating structures found in proteins. There are two types of secondary structures: <u>alpha-helix</u> and <u>beta-pleated</u> sheet.
- Tertiary structure: Tertiary structure is the full 3-dimensional folded structure of the polypeptide chain.
- Quartenary Structure: Quartenary structure is only present if there is more than one polypeptide chain. With multiple polypeptide chains, quartenary structure is their interconnections and organization.

A A S X D X S L V E V H X X

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Images removed due to copyright restrictions. Table of amino acid chemical structures. See similar image: http://web.mit.edu/esgbio/www/lm/proteins/aa/aminoacids.gif.





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Collagen features hierarchical structure

**Goal:** Understand the scale-specific properties and cross-scale interactions

Macroscopic properties of collagen depend on the finer scales

# Material properties are scale-dependent

# Elasticity of tropocollagen molecules



The force-extension curve for stretching a single type II collagen molecule. The data were fitted to Marko-Siggia entropic elasticity model. The molecule length and persistence length of this sample is 300 and 7.6 nm, respectively.

Figure by MIT OCW.

$$F = \frac{kT}{\xi_p} \left( \frac{1}{4} \frac{1}{(1 - x/L)^2} - \frac{1}{4} + x/L \right)$$





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Covalent bonds (directional) Electrostatic interactions H-bonds vdW interactions



### Model for covalent bonds



$$V(R) = E_{bonded} + E_{non-bonded}$$

$$E_{bonded} = E_{bond-stretch} + E_{angle-bend} + E_{rotate-along-bond}$$

Bonding between atoms described as combination of various terms, describing the angular, stretching etc. contributions

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## Review: CHARMM potential



Chemical type	K <sub>bond</sub>	b <sub>o</sub>
С-С	100 kcal/mole/Å <sup>2</sup>	1.5 Å
C=C	200 kcal/mole/Å <sup>2</sup>	1.3 Å
C≡C	400 kcal/mole/Å <sup>2</sup>	1.2 Å

Bond Energy versus Bond length



Different types of C-C bonding represented by different choices of  $b_0$  and  $k_b$ ;

Need to retype when chemical environment changes

$$V_{bond} = K_b \left( b - b_o \right)^2$$



### **Review: CHARMM potential**



$$E_{non-bonded} = E_{van-der-Waals} + E_{electrostatic}$$

 $E_{van-der-Waals} = \sum_{nonbonded} \left( \frac{A_{ik}}{r_{ik}^{12}} - \frac{C_{ik}}{r_{ik}^{6}} \right)$ 

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See the graph on this page: http://www.ch.embnet.org/MD\_tutorial/pages/MD.Part2.html

$$E_{electrostatic} = \sum_{\substack{nonbonded \\ pairs}} \frac{q_i q_k}{Dr_{ik}}$$

Nonbonding interactions vdW (dispersive) Coulomb (electrostatic) H-bonding

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5 :	$= E_{\rm val} + E_{\rm nb}$
	$E_{\rm val} = E_{\rm B} + E_{\rm A} + E_{\rm T} + E_{\rm I}$
	$E_{\rm nb} = E_{\rm vdw} + E_{\rm Q} + E_{\rm hb}$
	$E = \frac{1}{2}k_{\rm e}(R - R_{\rm e})^2$
	$E_{IJK} = \frac{1}{2} C_{IJK} [\cos \theta_{IJK} - \cos \theta]$

Geometric Valence Parameters for DREIDING					
Atom	Bond radius $R_{I}^{0}$ , Å	Bond angle, deg	Atom	Bond radius $R_I^0$ , Å	Bond angle, deg
				I	
H_	0.330	180.0	Si3	0.937	109.471
HHB	0.330	180.0	P_3	0.890	93.3
H_b	0.510	90.0	S_3	1.040	92.1
B_3	0.880	109.471	Cl	0.997	180.0
B_2	0.790	120.0	Ga3	1.210	109.471
C_3	0.770	109.471	Ge3	1.210	109.471
C_R	0.700	120.0	As3	1.210	92.1
C_2	0.670	120.0	Se3	1.210	90.6
C_1	0.602	180.0	Br	1.167	180.0
N_3	0.702	106.7	In3	1.390	109.471
N_R	0.650	120.0	Sn3	1.373	109.471
N_2	0.615	120.0	Sb3	1.432	91.6
N_1	0.556	180.0	Te3	1.280	90.3
O_3	0.660	104.51	I_	1.360	180.0
O_R	0.660	120.0	Na	1.860	90.0
O_2	0.560	120.0	Ca	1.940	90.0
0_1	0.528	180.0	Fe	1.285	90.0
F_	0.611	180.0	Zn	1.330	109.471
A13	1.047	109.471			

 $K_{IJ}(1) = 700 \, (\text{kcal/mol})/\text{Å}^2$ 

#### Valence Force Constants for DREIDING

Bonds n = 1 n = 2 n = 3 Angles	$K = 700 (\text{kcal/mol})/\text{Å}^2$ $K = 1400 (\text{kcal/mol})/\text{Å}^2$ $K = 2100 (\text{kcal/mol})/\text{Å}^2$ $K = 100 (\text{kcal/mol})/\text{rad}^2$	D = 70  kcal/mol D = 140  kcal/mol D = 210  kcal/mol
--------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------



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$$E_{val} = E_{B} + E_{A} + E_{T} + E_{I}$$

$$E_{nb} = E_{vdw} + E_{Q} + E_{hb}$$

$$E = \frac{1}{2}k_{e}(R - R_{e})^{2}$$

$$E_{IJK} = \frac{1}{2}C_{IJK}[\cos \theta_{IJK} - \cos \theta_{J}^{0}]^{2}$$





ACHIST20





- Can handle complete periodic table
- Force constants derived using general rules of element, hybridization and connectivity

$$E_{\rm R} = \frac{1}{2}k_{\rm IJ}(r - r_{\rm IJ})^2$$

#### Features:

- Atom types=elements
- Chemistry based rules for determination of force constants

 $r_{\mathrm{IJ}} = r_{\mathrm{I}} + r_{\mathrm{J}} + r_{\mathrm{BO}} + r_{\mathrm{EN}}$ 

Pauling-type bond order correction

 $r_{\rm BO} = -\lambda(r_{\rm I} + r_{\rm J}) \ln (n)$ 

$$r_{\rm EN} = r_{\rm I} r_{\rm J} (\sqrt{\chi_{\rm I}} - \sqrt{\chi_{\rm J}})^2 / (\chi_{\rm I} r_{\rm I} + \chi_{\rm J} r_{\rm J})$$

$$k_{\rm IJ} = \left(\frac{\partial^2 E_{\rm r}}{\partial R^2}\right)_0 = 2G \; \frac{Z_{\rm I}^* Z_{\rm J}^*}{R^3} = 664.12 \frac{Z_{\rm I}^* Z_{\rm J}^*}{r_{\rm IJ}^3}$$







http://www.pharmacy.umaryland.edu/faculty/amackere/force\_fields.htm http://amber.scripps.edu/





#### **Hydrogen bonding** e.g. between O and H in $H_2O$ Between N and O in proteins...

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See: http://www.columbia.edu/cu/biology/courses/c2005/images/3levelpro.4.p.jpg

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Source: Ackbarow, T., and M. J. Buehler. "Superelasticity, Energy Dissipation and Strain Hardening of Vimentin Coiled-coil Intermediate Filaments." Accepted for publication in: *J Materials Science* (in press), DOI 10.1007/s10853-007-1719-2 (2007).





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### Spider Silk



- Composed almost solely of protein, such as Spidroin (MaSp) I & II
- Semi-crystalline polymer
- Amorphous phase: Rubber-like chains, Gly-rich matrix
- Crystals: H-bonded β-sheets of poly-Ala sequences

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Titin I27 domain: Very resistant to unfolding due to parallel Hbonded strands

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#### Three-point bending test: Tropocollagen molecule





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#### Three-point bending test: Tropocollagen molecule





**MD:** Calculate bending stiffness; consider different deformation rates

**Result:** Bending stiffness at zero deformation rate (extrapolation)

**Yields:** Persistence length – between **3 nm** and **25 nm** (experiment: **7 nm**) Buehler and Wong, 2007 © 2007 Markus J. Buehler. CEE/MIT









# Fracture at ultra small scales Size effects





- Failure mechanism of ultra small brittle single crystals as a function of material size
- Properties of adhesion systems as a function of material size: Is Griffith's model for crack nucleation still valid at nanoscale?







• Inglis (~1910): Stress infinite close to a elliptical inclusion once shape is crack-like

"Inglis paradox": Why does crack not extend, despite infinitely large stress at even small applied load?

• Resolved by Griffith (~ 1950): Thermodynamic view of fracture

G = 2γ

"Griffith paradox": Fracture at small length scales? Critical applied stress for fracture infinite in small (nano-)dimensions ( $\xi$ =O(nm))!

#### Considered here

Infinite peak stress







## Thin strip geometry





Figure by MIT OCW.

Change in potential energy: Create a "relaxed" element from a "strained" element, per unit crack advance

$$W_P = W_P(\sigma, a, ...)$$









### Thin strip geometry





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#### Fracture of thin strip geometry Theoretical considerations







#### Fracture of thin strip geometry Theoretical considerations



Stress for spontaneous crack propagation  $\sqrt{4 \kappa E}$ 

$$\sigma_f = \sqrt{\frac{4\gamma E}{\xi(1 - v^2)}}$$

Length scale  $\xi_{\rm cr}\, {\rm at}\, \sigma_{\rm th}\, {\rm cross-over}$ 

 $\xi$ .. size of material

$$\xi_{cr} = \frac{4\gamma E}{\sigma_{th}^2 (1 - v^2)}$$



Figure by MIT OCW.





Transition from Griffith-governed failure to maximum strength of material

- Griffith theory breaks down below a critical length scale
- Replace Griffith concept of energy release by failure at homogeneous stress

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Bulk (harmonic, FCC)

$$\phi(r) = a_0 + \frac{1}{2}k_0(r - r_0)^2 \qquad \begin{array}{l} r_0 = 2^{1/6} \\ a \approx 1.587 \end{array} \qquad k_0 = 572.0$$
$$\mu = \frac{r_0^2}{2}k_0 \qquad E = 8/3\mu \qquad \nu = 1/3$$



Choose E and  $\gamma$  such that length scale is in a regime easily accessible to MD

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 $\sigma_f = \sigma_{th}$  Failure at theor. strength



 $\sigma_f = \sqrt{\frac{4\gamma E}{h(1-v^2)}}$ 

Griffith-governed failure



Atomistic simulation indicates:

At critical nanometer-length scale, structures become insensitive to flaws: Transition from <u>Griffith governed failure</u> to <u>failure at theoretical strength</u>, independent of presence of crack!!

 $\xi_{cr} = \frac{4\gamma E}{\sigma_{r}^2 (1 - \nu^2)}$ 

(Buehler et al., MRS Proceedings, 2004; Gao, Ji, Buehler, MCB, 2004)





Figure by MIT OCW.



### Shear loading







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Figure by MIT OCW.

# Summary: Small-scale structures for strength optimization & flaw tolerance







# Can this concept explain the design of biocomposites in bone?







### Adhesion of Geckos





#### Autumn et al., PNAS, 2002



Courtesy of National Academy of Sciences, U.S.A. Used with permission.

Source: Autumn, Kellar, Metin Sitti, Yiching A. Liang, Anne M. Peattie, Wendy R. Hansen, Simon Sponberg, Thomas W. Kenny, Ronald Fearing, Jacob N. Israelachvili, and Robert J. Full. "Evidence for van der Waals adhesion in gecko setae." *PNAS* 99 (2002): 12252-12256.

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Figure by MIT OCW.

#### Strategies to increase adhesion strength

**Rigid Substrate** 

**Rigid Substrate** 

-Since $F \sim gR$ (JKR model), increase line length	-At very small length scales, nanometer
of surface by contact splitting	design results in optimal adhesion strength,
(Arzt <i>et al.</i> , 2003)	independent of flaws and shape
	(Gao <i>et al</i> ., 2004)

• Schematic of the model used for studies of adhesion: The model represents a cylindrical Gecko spatula with radius attached to a rigid substrate.

Flaw due to

surface roughness

• A circumferential crack represents flaws for example resulting from surface roughness. The parameter denotes the dimension of the crack. © 2007 Markus J. Buehler, CEE/MIT



# Equivalence of adhesion and fracture problem





Figure by MIT OCW.



# Equivalence of adhesion and fracture problem





Figure by MIT OCW.

Energy release rate  $K_I = \sqrt{\frac{\pi}{8}} R_{cr} \sigma^2$   $G = \frac{K_I^2}{E'} = \frac{\pi}{8} \frac{R_{cr}}{E'} \sigma^2$   $G = 2\gamma = \Delta \gamma$ Adhesion energy

### Theoretical considerations Adhesion problem as fracture problem





Typical parameters for Gecko spatula



Three-dimensional model

Cylindrical attachment device



Figure by MIT OCW.

LJ: Autumn *et al.* have shown dispersive interactions govern adhesion of attachment in Gecko



# Stress close to detachment as a function of adhesion punch size



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Has major impact on adhesion strength: At small scale no stress magnification

#### Smaller size leads to homogeneous stress distribution





$$R_{cr} = \frac{8}{\pi} \frac{E^* \Delta \gamma}{\sigma_{th}^2}$$

#### The ratio



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governs adhesion strength

- Results agree with predictions by scaling law
- Variations in Young's modulus or  $\gamma$  may also lead to optimal adhesion

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#### Single punch

$$z = -\psi \frac{2\sigma_{th}R}{\pi E/(1-\nu^2)} \left[ \ln(1-\bar{r}^2) + \bar{r}\ln\left(\frac{1+\bar{r}}{1-\bar{r}}\right) \right]$$
 Concept:  
Shape parameter  $\psi$ 

#### Periodic array of punches

$$z = -\psi \frac{2\sigma_{th}R}{\pi E/(1-\nu^2)} \left\{ \left[ \ln(1-\bar{r}^2) + \bar{r}\ln\left(\frac{1+\bar{r}}{1-\bar{r}}\right) \right] \right\}$$

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$$-\sum_{n=1}^{\infty} \left[ ln \left( \frac{(2n\lambda + \bar{r})^2 - 1}{(2n\lambda)^2 - 1} \right) + (2n\lambda + \bar{r}) ln \left( \frac{2n\lambda + \bar{r} + 1}{2n\lambda + \bar{r} - 1} \right) - 2n\lambda ln \left( \frac{2n\lambda + 1}{2n\lambda - 1} \right) \right] \text{PBCs}$$

$$-\sum_{n=1}^{\infty}\left[\ln\left(\frac{(2n\lambda-\bar{r})^2-1}{(2n\lambda)^2-1}\right)+(2n\lambda-\bar{r})\ln\left(\frac{2n\lambda-\bar{r}+1}{2n\lambda-\bar{r}-1}\right)-2n\lambda\ln\left(\frac{2n\lambda+1}{2n\lambda-1}\right)\right]\right\}$$

Derivation: Concept of superposition to negate the singular stress





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The shape function defining the surface shape change as a function of the shape parameter  $\psi$ . For  $\psi=1$ , the optimal shape is reached and stress concentrations are predicted to disappear.







Figure by MIT OCW.

**Strategy**: Displace atoms held rigid to achieve smooth surface shape





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 $\psi$ =1: Optimal shape



### Robustness of adhesion



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- By finding an optimal surface shape, the singular stress field vanishes.
- However, we find that this strategy does not lead to robust adhesion systems.

• For robustness, shape reduction is a more optimal way since it leads to (i) vanishing stress concentrations, and (ii) tolerance with respect to surface shape changes.





- We used a systematic atomistic-continuum approach to investigate brittle fracture and adhesion at ultra small scales
- We find that Griffith's theory breaks down below a critical length scale
- Nanoscale dimensions allow developing extremely strong materials and strong attachment systems: Nano is robust

Small nano-substructures lead to robust, flaw-tolerant materials. In some cases, Nature may use this principle to build strong structural materials.

- Unlike purely continuum mechanics methods, MD simulations can intrinsically handle stress concentrations (singularities) well and provide accurate descriptions of bond breaking
- Atomistic based modeling will play a significant role in the future in the area of modeling nano-mechanical phenomena and linking to continuum mechanical theories as exemplified here.





- Similar considerations as for brittle materials and adhesion systems apply also to ductile materials
- In particular, the deformation mechanics of nanocrystalline materials has received significant attention over the past decade
  - Strengthening at small grain size (Hall-Petch effect)
  - Weakening at even smaller grain sizes after a peak

http://me.jhu.edu/~ dwarner/index\_file s/image003.jpg

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- It has been observed that the strength of polycrystalline materials increases if the grain size decreases
- The Hall-Petch model explains this by considering a dislocation locking mechanism:



Nucleate second source in other grain (right)

Physical picture: Higher external stress necessary to lead to large dislocation density in pileup

$$\sigma_{Y} \sim \frac{1}{\sqrt{d}}$$

See, e.g. Courtney, Mechanical Behavior of Materials





Different mechanisms have been proposed at nanoscale, including

• GB diffusion (even at low temperatures) – Wolf *et al*.

• GB sliding – Schiotz *et al*.

 GBs as sources for dislocations – van Swygenhoven, stable SF energy / unstable SF energy (shielding) Figure removed due to copyright restrictions. See p. 15 of http://www.imprs-am.mpg.de/summerschool2003/wolf.pdf





- Pre-processing (define geometry, build crystal etc.)
- 2. Energy relaxation (minimization)
- 3. Annealing (equilibration at specific temperature)
- 4. "Actual" calculation; e.g. apply loading to crack
- 5. Analysis

#### Real challenge: Questions to ask and what to learn

#### F=ma

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